



Orientering

25-27 augusti 2009



Svenska polismästarskap



Brandförsvarets SM



Kriminalvårdens RM

Resultat

- Fälttävlan
- Långdistans
- Medeldistans

Arrangörer:

Södertäljepolisens SoIF

Södertälje-Nykvarn Orientering

Fälttävlan 2009-08-25

| Klass | Plac | Namn | Klubb | Löptid | Punkt | Skytte | Totalt | |
|-------------|------|---------------------|--------------------------|----------|-------|--------|----------|-------|
| D21 | | | | | | | | |
| | 1 | Maria Olsson | Stockholmspolisens IF OL | 01:11:00 | 1 | 5 | 01:17:00 | |
| | 2 | Pernilla Nilsson | Polishögskolan Sthlm | 01:11:55 | 2 | 6 | 01:19:55 | |
| | 3 | Hanna Arnell | Varbergspolisens IF | 01:26:47 | 4 | 7 | 01:37:47 | |
| | 4 | Annika Lindberg | Stockholmspolisens IF OL | 01:18:58 | 8 | 11 | 01:37:58 | |
| | 5 | Lina Berglund | Polishögskolan Sthlm | 01:21:37 | 16 | 13 | 01:50:37 | |
| | 6 | Josefina Karlsson | Skövdepolisens IF | 01:46:55 | 6 | 11 | 02:03:55 | |
| | 7 | Gunilla Larsson | Södra Älvsborg | 01:40:20 | 13 | 13 | 02:06:20 | |
| H21 | | | | | | | | |
| | 1 | Tobias Kjell | Nyköpingpolisens IF | 01:26:38 | 0 | 8 | 01:34:38 | |
| | 2 | Thomas Josarp | Varbergspolisens IF | 01:30:16 | 2 | 9 | 01:41:16 | |
| | 3 | Anders Ingemarsson | Södra Älvsborg | 01:42:05 | 1 | 9 | 01:52:05 | |
| | 4 | Andreas Åkesson | Varbergspolisens IF | 02:55:39 | 27 | 16 | 03:38:39 | |
| | | Fredrik Rosén | Jönköpingspolisens IF | 01:22:51 | 1 | 15 | 01:38:51 | Felst |
| Utom tävlan | | Maria Thellin | Jönköpingspolisens IF | 02:10:13 | 7 | 0 | 02:17:13 | |
| H40 | | | | | | | | |
| | 1 | Urs Bütikofer | Ljusdalspolisen | 01:28:16 | 1 | 5 | 01:34:16 | |
| | 2 | Lars Spånberg | Uppsalapolisen | 01:21:23 | 1 | 16 | 01:38:23 | |
| | 3 | Per-Anders Aronsson | Södra Älvsborg | 01:47:14 | 6 | 8 | 02:01:14 | |
| | 4 | Magnus Ramsin | Skövdepolisens IF | 02:11:22 | 15 | 4 | 02:30:22 | |
| | 5 | Stefan Aronsson | Sydnärkepolisens IK | 02:06:55 | 12 | 19 | 02:37:55 | |
| H50 | | | | | | | | |
| | 1 | Peter Lundberg | Norrortspolisens IF | 01:03:08 | 1 | 1 | 01:05:08 | |
| | 2 | Roland Svensson | Skövdepolisens IF | 01:03:54 | 3 | 4 | 01:10:54 | |
| | 3 | Per-Ove Wallén | Stockholmspolisens IF OL | 01:06:30 | 1 | 5 | 01:12:30 | |
| | 4 | Bengt Kärrström | Stockholmspolisens IF OL | 01:18:00 | 1 | 3 | 01:22:00 | |
| | 5 | Bengt Jonsson | Göteborgspolisen | 01:23:43 | 7 | 7 | 01:37:43 | |
| | 6 | Jörgen Karlsson | Norrortspolisens IF | 01:13:13 | 11 | 14 | 01:38:13 | |
| | 7 | Eje Dahl | Sydnärkepolisens IK | 01:24:10 | 7 | 10 | 01:41:10 | |
| | 8 | Alf Andersson | Skövdepolisens IF | 01:42:30 | 4 | 18 | 02:07:30 | |
| | 9 | Ove Allansson | Skövdepolisens IF | 01:37:33 | 33 | 11 | 02:21:33 | |
| | 10 | Kaj Abrahamsson | Lidköpingspolisen | 01:43:48 | 31 | 12 | 02:26:48 | |
| | 11 | Lars Löfholm | Lidköpingspolisen | 02:11:53 | 12 | 6 | 02:29:53 | |
| H60 | | | | | | | | |
| | 1 | Hans-Erik Åkerlund | Eskilstunapolisen | 01:25:16 | 6 | 1 | 01:32:16 | |
| | 2 | Bo Norbäck | Stockholmspolisens IF OL | 01:23:02 | 12 | 5 | 01:40:02 | |
| | 3 | Åke Axelsson | Göteborgspolisen | 01:28:09 | 6 | 10 | 01:44:09 | |
| | 4 | Göran Johansson | Lidköpingspolisen | 01:32:58 | 16 | 4 | 01:52:58 | |
| | 5 | Lennart Östanbäck | Södra Älvsborg | 01:40:25 | 15 | 12 | 02:07:25 | |
| | 6 | Rolf Westerlind | Umepolisens SoIK | 01:59:14 | 24 | 12 | 02:35:14 | |
| Ö3 | | | | | | | | |
| | 1 | Mikael Aftevik | Varbergspolisens IF | 01:41:21 | 1 | 0 | 01:42:21 | |
| | 2 | Barbro Andersson J | Göteborgspolisen | 02:03:30 | 29 | 0 | 02:32:30 | |

Långdistans 2009-08-26 - Polis

D21 5810 m

| | | | | |
|---|-------------------|---------------------|---------|-------|
| 1 | Pernilla Nilsson | Polishögskolans IF | 48:21 | 0:00 |
| 2 | Maria Olsson | Stockholmspolisen | 51:42 | 3:21 |
| 3 | Hanna Arnell | Varbergspolisens IF | 54:38 | 6:17 |
| 4 | Annika Lindberg | Stockholmspolisen | 59:22 | 11:01 |
| 5 | Cecilia Svensson | Norrköping | 1:02:33 | 14:12 |
| 6 | Marielle Larsson | Stockholmspolisen | 1:03:48 | 15:27 |
| 7 | Lina Berglund | Polishögskolans IF | 1:05:48 | 17:27 |
| 8 | Josefina Karlsson | Skövdepolisens IF | 1:34:27 | 46:06 |

H21 9050 m

| | | | | |
|---|--------------------|-----------------------|---------|--------------------|
| 1 | Per Brolund | SKL | 58:12 | 0:00 |
| 2 | Fredrik Rosén | Jönköpingspolisens IF | 1:04:42 | 6:30 |
| 3 | Thomas Josarp | Varbergspolisens IF | 1:17:29 | 19:17 |
| 4 | Johan Holm | Piketen Stockholm | 1:26:35 | 28:23 |
| 5 | Anders Ingemarsson | Södra Älvsborg | 1:27:21 | 29:09 |
| 6 | Johan Gustafsson | Piketen Stockholm | 2:24:04 | 1:25:52 |
| | Maria Thellin | Jönköpingspolisens IF | 1:38:17 | 40:05(utom tävlan) |

H40 7070 m

| | | | | |
|----|---------------------|-------------------|---------|-------|
| 1 | Claes Berglund | Stockholmspolisen | 56:12 | 0:00 |
| 2 | Mats Ljungqvist | Växjöpolisens | 56:46 | 0:34 |
| 3 | Lars Spånberg | Uppsalapolisen | 59:21 | 3:09 |
| 4 | Patrik Tiderman | Stockholmspolisen | 1:02:46 | 6:34 |
| 5 | Göran Nord | Tranås | 1:07:22 | 11:10 |
| 6 | Urs Bütikofer | Ljusdalspolisens | 1:07:43 | 11:31 |
| 7 | Jan Hofvenstam | Norrköping | 1:18:19 | 22:07 |
| 8 | Staffan Käll | Växjöpolisens | 1:18:21 | 22:09 |
| 9 | Per-Anders Aronsson | Södra Älvsborg | 1:24:21 | 28:09 |
| 10 | Magnus Ramsin | Skövdepolisens IF | 1:36:59 | 40:47 |

H50 5230 m

| | | | | |
|----|----------------------|---------------------|---------|-------|
| 1 | Jörgen Karlsson | Norrortspolisens IF | 39:26 | 0:00 |
| 2 | Peter Lundberg | Norrortspolisens IF | 41:03 | 1:37 |
| 3 | Roland Svensson | Skövdepolisens IF | 43:35 | 4:09 |
| 4 | Per-Ove Wallén | Stockholmspolisen | 44:04 | 4:38 |
| 5 | Bengt Kärrström | Stockholmspolisen | 52:04 | 12:38 |
| 6 | Bengt Jonsson | Göteborgspolisens | 55:30 | 16:04 |
| 7 | Bo Salomonsson | Kalmarpolisens | 55:50 | 16:24 |
| 8 | Eje Dahl | Sydnärkepolisens IK | 58:24 | 18:58 |
| 9 | Kaj Abrahamsson | Lidköpingspolisens | 1:05:52 | 26:26 |
| 10 | Ove Allansson | Skövdepolisens IF | 1:09:38 | 30:12 |
| 11 | Kenneth Starckenberg | Stockholmspolisen | 1:12:58 | 33:32 |
| 12 | Lars Löfholm | Lidköpingspolisens | 1:14:02 | 34:36 |
| 13 | Alf Andersson | Skövdepolisens IF | 1:19:11 | 39:45 |

H60 4480 m

| | | | | |
|---|-----------------|--------------------|---------|-------|
| 1 | Göran Johansson | Lidköpingspolisens | 52:38 | 0:00 |
| 2 | Arne Jakobsson | Tranåpolisens | 1:16:19 | 23:41 |
| 3 | Bo Norbäck | Stockholmspolisen | 1:21:40 | 29:02 |
| 4 | Rolf Westerlind | Umepolisens SoIK | 1:46:49 | 54:11 |

Långdistans 2009-08-26 - Polis

H70 3060 m

| | | | | |
|---|-------------------|-------------------|-------|-------|
| 1 | Åke Axelsson | Göteborgspolisen | 41:33 | 0:00 |
| 2 | Sture Nilsson | Stockholmspolisen | 46:44 | 5:11 |
| 3 | Lennart Östanbäck | Södra Älvsborg | 51:38 | 10:05 |
| 4 | Evert Elgefjord | PoIF Norrköping | 56:10 | 14:37 |

Thure Jakobsson Umepolisens SoIK ej fullf.
Hans Klein Fångvårdsmännen Norrtälje ej fullf.

H80 3060 m

| | | | | |
|---|---------------|----------------------|---------|---------|
| 1 | Rune Isaksson | Helsingborgspolisen | 55:05 | 0:00 |
| 2 | Åke Nygren | Stockholmspolisen | 1:12:27 | 17:22 |
| 3 | Nils Friman | Brandkårens IK Sthlm | 2:15:22 | 1:20:17 |

D40 4480 m

| | | | | |
|---|--------------------------|-------------------|-------|-------|
| 1 | Helén Persson | SKL | 37:23 | 0:00 |
| 2 | Anna Hofvenstam | Norrköping | 44:12 | 6:49 |
| 3 | Gunilla Larsson | Södra Älvsborg | 48:54 | 11:31 |
| 4 | Moni Winsnes | Stockholmspolisen | 56:13 | 18:50 |
| 5 | Margareta Skarp Runtegen | SKL | 59:37 | 22:14 |

D50 3060 m

Barbro Andersson Jonsson Göteborgspolisen ej fullf.

Långdistans 2009-08-26 - Öppen

Öppen 2 4480 m

| | | | | |
|---|------------------|-----------------|---------|-------|
| 1 | Josefine Persson | Klubblös | 47:20 | 0:00 |
| 2 | Mikael Aftevik | Varbergspolisen | 53:29 | 6:09 |
| 3 | Andreas Åkesson | Varbergspolisen | 1:11:38 | 24:18 |

Långdistans 2009-08-26 - Brand

| | | | | |
|-----|-------------------|---------------------------|-----------|---------|
| H21 | 9050 m | | | |
| 1 | Petter Jönsson | Storstockolms brandförsva | 57:58 | 0:00 |
| 2 | Per Eklöf | Nora RTJ | 1:00:09 | 2:11 |
| 3 | Örjan Jansson | Uppsala Brandförsva | 1:33:40 | 35:42 |
| 4 | Magnus Clasén | Brk Attunda IF | 2:12:04 | 1:14:06 |
| | Joakim Nilsson | BIK Borås | ej fullf. | |
| D21 | 5810 m | | | |
| 1 | Kristina Roberto | Uppsala Brandförsva | 46:45 | 0:00 |
| 2 | Jenny Josefsson | Arvika RTJ | 53:26 | 6:41 |
| H35 | 7070 m | | | |
| 1 | Thomas Knutsson | Rtj Eskilstuna | 53:24 | 0:00 |
| 2 | Mathias Swartz | RTJ Karlstad | 1:14:46 | 21:22 |
| H40 | 7070 m | | | |
| 1 | Henrik Johnsson | Rtj Eskilstuna | 49:39 | 0:00 |
| H45 | 5230 m | | | |
| 1 | Jan Hollbeck | Södertörn brand | 34:28 | 0:00 |
| 2 | Håkan Dahlbäck | Brandkårens IK Sthlm | 36:55 | 2:27 |
| 3 | Leif Andersson | Rtj Dala Mitt | 50:05 | 15:37 |
| 4 | Lennart Cedervärn | BIK Borås | 51:36 | 17:08 |
| H50 | 5230 m | | | |
| 1 | Lennart Larsson | BIK Borås | 35:48 | 0:00 |
| 2 | Ingemar Skaar | Jönköping Brk | 37:01 | 1:13 |
| 3 | Lennart Bjursäter | Södertörn brand | 42:14 | 6:26 |
| 4 | Roy Fransson | Rtj Eskilstuna | 43:33 | 7:45 |
| 5 | Frej Fernström | Brandkårens IK Sthlm | 50:00 | 14:12 |
| 6 | Owe Thörn | Rtj Eskilstuna | 58:45 | 22:57 |
| H60 | 4480 m | | | |
| 1 | Leif Mathisen | Rtj Eskilstuna | 44:19 | 0:00 |
| 2 | Hans Eriksson | Rtj Norrtälje | 48:53 | 4:34 |
| H65 | 3060 m | | | |
| 1 | Göran Johansson | Södertörn brand | 37:32 | 0:00 |
| 2 | Lasse Andersson | Brandkårens IK Sthlm | 54:20 | 16:48 |
| H70 | 3060 m | | | |
| 1 | Bosse Andersson | Brandkårens IK Sthlm | 1:14:22 | 0:00 |
| | Leif Staaf | Brandkårens IK Sthlm | ej fullf. | |

D21 (8) 5810 m

| | | 1(35) | 2(37) | 3(40) | 4(39) | 5(32) | 6(33) | 7(42) | 8(44) | 9(45) | 10(47) | M |
|---|-----------------------|-------|-------|-------|-------|---------|---------|---------|---------|---------|---------|---------|
| 1 | Pernilla Nilsson | 5:42 | 13:05 | 22:03 | 23:24 | 29:59 | 34:01 | 36:59 | 43:18 | 46:34 | 48:03 | 48:21 |
| | Polishögskolans IF | 5:42 | 7:23 | 8:58 | 1:21 | 6:35 | 4:02 | 2:58 | 6:19 | 3:16 | 1:29 | 0:18 |
| 2 | Maria Olsson | 5:47 | 14:25 | 23:54 | 25:31 | 32:39 | 37:21 | 41:02 | 46:53 | 49:53 | 51:24 | 51:42 |
| | Stockholmspolisens IF | 5:47 | 8:38 | 9:29 | 1:37 | 7:08 | 4:42 | 3:41 | 5:51 | 3:00 | 1:31 | 0:18 |
| 3 | Hanna Arnell | 7:18 | 14:48 | 24:15 | 25:38 | 34:06 | 38:41 | 41:48 | 48:51 | 52:30 | 54:18 | 54:38 |
| | Varbergpolisens IF | 7:18 | 7:30 | 9:27 | 1:23 | 8:28 | 4:35 | 3:07 | 7:03 | 3:39 | 1:48 | 0:20 |
| 4 | Annika Lindberg | 7:48 | 17:05 | 26:21 | 28:00 | 35:36 | 42:58 | 46:18 | 52:48 | 56:57 | 58:56 | 59:22 |
| | Stockholmspolisens IF | 7:48 | 9:17 | 9:16 | 1:39 | 7:36 | 7:22 | 3:20 | 6:30 | 4:09 | 1:59 | 0:26 |
| 5 | Cecilia Svensson | 6:53 | 16:33 | 26:31 | 28:23 | 42:03 | 47:07 | 50:31 | 57:03 | 1:00:27 | 1:02:16 | 1:02:33 |
| | Norrköping | 6:53 | 9:40 | 9:58 | 1:52 | 13:40 | 5:04 | 3:24 | 6:32 | 3:24 | 1:49 | 0:17 |
| 6 | Marielle Larsson | 7:22 | 13:58 | 23:04 | 24:29 | 44:45 | 48:34 | 51:26 | 59:06 | 1:01:48 | 1:03:29 | 1:03:48 |
| | Stockholmspolisens IF | 7:22 | 6:36 | 9:06 | 1:25 | 20:16 | 3:49 | 2:52 | 7:40 | 2:42 | 1:41 | 0:19 |
| 7 | Lina Berglund | 6:40 | 15:05 | 33:16 | 34:43 | 43:59 | 49:56 | 53:28 | 1:00:07 | 1:03:29 | 1:05:28 | 1:05:48 |
| | Polishögskolans IF | 6:40 | 8:25 | 18:11 | 1:27 | 9:16 | 5:57 | 3:32 | 6:39 | 3:22 | 1:59 | 0:20 |
| 8 | Josefina Karlsson | 8:18 | 31:57 | 47:46 | 49:58 | 1:01:43 | 1:11:58 | 1:15:57 | 1:25:17 | 1:31:38 | 1:34:06 | 1:34:27 |
| | Skövdepolisens IF | 8:18 | 23:39 | 15:49 | 2:12 | 11:45 | 10:15 | 3:59 | 9:20 | 6:21 | 2:28 | 0:21 |

H21 (7) 9050 m

| | | 1(35) | 2(36) | 3(48) | 4(41) | 5(50) | 6(49) | 7(32) | 8(33) | 9(42) | 10(51) | 11(44) | 12(45) | 13(47) | M |
|---|-----------------------|-------|-------|-------|-------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| 1 | Per Brolund | 4:00 | 8:26 | 13:52 | 26:27 | 31:33 | 33:07 | 43:55 | 46:59 | 49:18 | 51:33 | 54:32 | 56:41 | 57:57 | 58:12 |
| | SKL | 4:00 | 4:26 | 5:26 | 12:35 | 5:06 | 1:34 | 10:48 | 3:04 | 2:19 | 2:15 | 2:59 | 2:09 | 1:16 | 0:15 |
| 2 | Fredrik Rosén | 4:17 | 8:55 | 15:12 | 28:28 | 34:08 | 35:58 | 48:21 | 52:24 | 55:00 | 57:20 | 1:00:42 | 1:03:06 | 1:04:26 | 1:04:42 |
| | Jönköpingspolisens IF | 4:17 | 4:38 | 6:17 | 13:16 | 5:40 | 1:50 | 12:23 | 4:03 | 2:36 | 2:20 | 3:22 | 2:24 | 1:20 | 0:16 |
| 3 | Thomas Josarp | 5:19 | 11:26 | 18:20 | 32:22 | 39:10 | 41:06 | 57:16 | 1:02:19 | 1:05:05 | 1:07:33 | 1:13:17 | 1:15:52 | 1:17:13 | 1:17:29 |
| | Varbergpolisens IF | 5:19 | 6:07 | 6:54 | 14:02 | 6:48 | 1:56 | 16:10 | 5:03 | 2:46 | 2:28 | 5:44 | 2:35 | 1:21 | 0:16 |
| 4 | Johan Holm | 6:03 | 11:52 | 27:02 | 41:25 | 48:09 | 50:15 | 1:06:23 | 1:11:19 | 1:14:08 | 1:16:30 | 1:22:27 | 1:24:58 | 1:26:19 | 1:26:35 |
| | Piketen Stockholm | 6:03 | 5:49 | 15:10 | 14:23 | 6:44 | 2:06 | 16:08 | 4:56 | 2:49 | 2:22 | 5:57 | 2:31 | 1:21 | 0:16 |
| 5 | Anders Ingemarsson | 5:46 | 11:22 | 23:42 | 42:54 | 50:16 | 52:55 | 1:08:35 | 1:13:07 | 1:15:57 | 1:18:57 | 1:22:56 | 1:25:18 | 1:27:02 | 1:27:21 |
| | Södra Älvsborg | 5:46 | 5:36 | 12:20 | 19:12 | 7:22 | 2:39 | 15:40 | 4:32 | 2:50 | 3:00 | 3:59 | 2:22 | 1:44 | 0:19 |
| 6 | Maria Thellin | 6:19 | 12:22 | 27:44 | 45:44 | 53:57 | 56:12 | 1:12:04 | 1:17:58 | 1:21:11 | 1:24:14 | 1:29:29 | 1:36:15 | 1:37:57 | 1:38:17 |
| | Jönköpingspolisens IF | 6:19 | 6:03 | 15:22 | 18:00 | 8:13 | 2:15 | 15:52 | 5:54 | 3:13 | 3:03 | 5:15 | 6:46 | 1:42 | 0:20 |
| 7 | Johan Gustafsson | 6:15 | 13:00 | 25:51 | 49:20 | 1:38:58 | 1:41:01 | 1:55:41 | 2:04:46 | 2:08:29 | 2:12:37 | 2:17:57 | 2:21:44 | 2:23:43 | 2:24:04 |

| Piketen Stockholm | | 6:15 | 6:45 | 12:51 | 23:29 | 49:38 | 2:03 | 14:40 | 9:05 | 3:43 | 4:08 | 5:20 | 3:47 | 1:59 | 0:21 |
|-------------------|---------------------|-------|-------|-------|-------|---------|---------|---------|---------|---------|---------|---------|------|------|------|
| H40 (10) 7070 m | | 1(35) | 2(37) | 3(50) | 4(49) | 5(32) | 6(33) | 7(42) | 8(44) | 9(45) | 10(47) | M | | | |
| 1 | Claes Berglund | 5:15 | 12:01 | 24:36 | 26:26 | 40:25 | 44:36 | 46:56 | 51:53 | 54:09 | 55:55 | 56:12 | | | |
| | Stockholmspolisens | 5:15 | 6:46 | 12:35 | 1:50 | 13:59 | 4:11 | 2:20 | 4:57 | 2:16 | 1:46 | 0:17 | | | |
| 2 | Mats Ljungqvist | 5:10 | 11:59 | 24:13 | 26:01 | 38:59 | 43:41 | 46:42 | 52:26 | 54:56 | 56:31 | 56:46 | | | |
| | Växjöpolisens | 5:10 | 6:49 | 12:14 | 1:48 | 12:58 | 4:42 | 3:01 | 5:44 | 2:30 | 1:35 | 0:15 | | | |
| 3 | Lars Spånberg | 5:28 | 12:45 | 25:25 | 27:25 | 41:15 | 45:21 | 48:20 | 54:20 | 57:22 | 59:03 | 59:21 | | | |
| | Uppsalapolisens | 5:28 | 7:17 | 12:40 | 2:00 | 13:50 | 4:06 | 2:59 | 6:00 | 3:02 | 1:41 | 0:18 | | | |
| 4 | Patrik Tiderman | 4:58 | 12:04 | 25:46 | 28:08 | 42:59 | 47:14 | 50:15 | 56:46 | 1:00:45 | 1:02:28 | 1:02:46 | | | |
| | Stockholmspolisens | 4:58 | 7:06 | 13:42 | 2:22 | 14:51 | 4:15 | 3:01 | 6:31 | 3:59 | 1:43 | 0:18 | | | |
| 5 | Göran Nord | 9:27 | 16:16 | 30:26 | 32:52 | 47:41 | 52:14 | 55:23 | 1:01:17 | 1:05:24 | 1:07:05 | 1:07:22 | | | |
| | Tranås | 9:27 | 6:49 | 14:10 | 2:26 | 14:49 | 4:33 | 3:09 | 5:54 | 4:07 | 1:41 | 0:17 | | | |
| 6 | Urs Bütikofer | 5:32 | 13:52 | 31:41 | 33:50 | 48:36 | 53:29 | 56:30 | 1:02:58 | 1:05:49 | 1:07:24 | 1:07:43 | | | |
| | Ljusdalspolisens | 5:32 | 8:20 | 17:49 | 2:09 | 14:46 | 4:53 | 3:01 | 6:28 | 2:51 | 1:35 | 0:19 | | | |
| 7 | Jan Hofvenstam | 6:14 | 15:36 | 33:06 | 35:10 | 53:00 | 59:07 | 1:02:44 | 1:09:17 | 1:16:20 | 1:18:04 | 1:18:19 | | | |
| | Norrköping | 6:14 | 9:22 | 17:30 | 2:04 | 17:50 | 6:07 | 3:37 | 6:33 | 7:03 | 1:44 | 0:15 | | | |
| 8 | Staffan Käll | 6:00 | 13:26 | 33:47 | 35:53 | 54:35 | 1:02:13 | 1:05:32 | 1:12:49 | 1:16:13 | 1:18:01 | 1:18:21 | | | |
| | Växjöpolisens | 6:00 | 7:26 | 20:21 | 2:06 | 18:42 | 7:38 | 3:19 | 7:17 | 3:24 | 1:48 | 0:20 | | | |
| 9 | Per-Anders Aronsson | 6:19 | 15:55 | 34:53 | 37:52 | 1:00:53 | 1:06:08 | 1:09:39 | 1:18:23 | 1:22:07 | 1:24:01 | 1:24:21 | | | |
| | Södra Älvsborg | 6:19 | 9:36 | 18:58 | 2:59 | 23:01 | 5:15 | 3:31 | 8:44 | 3:44 | 1:54 | 0:20 | | | |
| 10 | Magnus Ramsin | 10:54 | 22:38 | 48:54 | 51:33 | 1:12:05 | 1:18:31 | 1:22:29 | 1:30:29 | 1:34:33 | 1:36:40 | 1:36:59 | | | |
| | Skövdepolisens IF | 10:54 | 11:44 | 26:16 | 2:39 | 20:32 | 6:26 | 3:58 | 8:00 | 4:04 | 2:07 | 0:19 | | | |
| H50 (13) 5230 m | | 1(34) | 2(41) | 3(40) | 4(33) | 5(42) | 6(44) | 7(45) | 8(47) | M | | | | | |
| 1 | Jörgen Karlsson | 2:49 | 13:23 | 15:59 | 26:19 | 29:45 | 34:35 | 37:08 | 39:11 | 39:26 | | | | | |
| | Norrortspolisens IF | 2:49 | 10:34 | 2:36 | 10:20 | 3:26 | 4:50 | 2:33 | 2:03 | 0:15 | | | | | |
| 2 | Peter Lundberg | 2:59 | 13:50 | 17:19 | 27:44 | 30:29 | 36:22 | 39:16 | 40:48 | 41:03 | | | | | |
| | Norrortspolisens IF | 2:59 | 10:51 | 3:29 | 10:25 | 2:45 | 5:53 | 2:54 | 1:32 | 0:15 | | | | | |
| 3 | Roland Svensson | 3:31 | 14:29 | 17:46 | 29:09 | 32:12 | 37:45 | 40:40 | 43:20 | 43:35 | | | | | |
| | Skövdepolisens IF | 3:31 | 10:58 | 3:17 | 11:23 | 3:03 | 5:33 | 2:55 | 2:40 | 0:15 | | | | | |

| | | | | | | | | | | | |
|---------|---------------------|---------|-------|-------|-------|---------|---------|---------|---------|---------|---------|
| 4 | Per-Ove Wallén | 44:04 | 4:38 | 17:02 | 19:56 | 31:05 | 33:59 | 39:31 | 42:14 | 43:49 | 44:04 |
| | Stockholmspolisens | | 4:38 | 12:24 | 2:54 | 11:09 | 2:54 | 5:32 | 2:43 | 1:35 | 0:15 |
| 5 | Bengt Kärrström | 52:04 | 4:32 | 18:05 | 21:40 | 35:01 | 39:29 | 46:23 | 49:54 | 51:43 | 52:04 |
| | Stockholmspolisens | | 4:32 | 13:33 | 3:35 | 13:21 | 4:28 | 6:54 | 3:31 | 1:49 | 0:21 |
| 6 | Bengt Jonsson | 55:30 | 6:37 | 23:50 | 27:04 | 40:17 | 43:44 | 50:15 | 53:21 | 55:05 | 55:30 |
| | Göteborgspolisens | | 6:37 | 17:13 | 3:14 | 13:13 | 3:27 | 6:31 | 3:06 | 1:44 | 0:25 |
| 7 | Bo Salomonsson | 55:50 | 4:25 | 19:37 | 23:35 | 39:11 | 42:34 | 49:30 | 53:14 | 55:32 | 55:50 |
| | Kalmarpolisens | | 4:25 | 15:12 | 3:58 | 15:36 | 3:23 | 6:56 | 3:44 | 2:18 | 0:18 |
| 8 | Eje Dahl | 58:24 | 4:26 | 17:13 | 20:52 | 38:16 | 42:44 | 51:20 | 55:37 | 57:59 | 58:24 |
| | Sydnärkepolisens IK | | 4:26 | 12:47 | 3:39 | 17:24 | 4:28 | 8:36 | 4:17 | 2:22 | 0:25 |
| 9 | Kaj Abrahamsson | 1:05:52 | 5:11 | 22:00 | 27:18 | 45:30 | 49:45 | 58:01 | 1:03:22 | 1:05:35 | 1:05:52 |
| | Lidköpingspolisens | | 5:11 | 16:49 | 5:18 | 18:12 | 4:15 | 8:16 | 5:21 | 2:13 | 0:17 |
| 10 | Ove Allansson | 1:09:38 | 6:38 | 32:56 | 37:41 | 49:25 | 52:52 | 59:47 | 1:06:42 | 1:09:13 | 1:09:38 |
| | Skövdepolisens IF | | 6:38 | 26:18 | 4:45 | 11:44 | 3:27 | 6:55 | 6:55 | 2:31 | 0:25 |
| 11 | Kenneth Starkenberg | 1:12:58 | 8:02 | 36:30 | 40:58 | 54:39 | 58:31 | 1:06:27 | 1:10:31 | 1:12:36 | 1:12:58 |
| | Stockholmspolisens | | 8:02 | 28:28 | 4:28 | 13:41 | 3:52 | 7:56 | 4:04 | 2:05 | 0:22 |
| 12 | Lars Löffholm | 1:14:02 | 4:44 | 29:10 | 34:15 | 52:46 | 57:07 | 1:05:32 | 1:10:38 | 1:13:37 | 1:14:02 |
| | Lidköpingspolisens | | 4:44 | 24:26 | 5:05 | 18:31 | 4:21 | 8:25 | 5:06 | 2:59 | 0:25 |
| 13 | Alf Andersson | 1:19:11 | 10:07 | 37:46 | 43:29 | 58:53 | 1:02:56 | 1:11:29 | 1:15:58 | 1:18:47 | 1:19:11 |
| | Skövdepolisens IF | | 10:07 | 27:39 | 5:43 | 15:24 | 4:03 | 8:33 | 4:29 | 2:49 | 0:24 |
| H60 (4) | | 4480 m | | | | | | | | | |
| 1 | Göran Johansson | 52:38 | 1(34) | 2(39) | 3(41) | 4(32) | 5(33) | 6(42) | 7(51) | 8(45) | 9(47) |
| | Lidköpingspolisens | | 5:34 | 19:04 | 22:12 | 29:56 | 36:06 | 40:36 | 44:05 | 50:33 | 52:16 |
| 2 | Arne Jakobsson | 1:16:19 | 5:34 | 13:30 | 3:08 | 7:44 | 6:10 | 4:30 | 3:29 | 6:28 | 1:43 |
| | Tranåspolisens | | 4:58 | 36:32 | 39:39 | 49:08 | 55:58 | 1:01:25 | 1:05:34 | 1:13:39 | 1:15:53 |
| 3 | Bo Norbäck | 1:21:40 | 4:58 | 31:34 | 3:07 | 9:29 | 6:50 | 5:27 | 4:09 | 8:05 | 2:14 |
| | Stockholmspolisens | | 3:38 | 17:17 | 21:05 | 56:14 | 1:06:50 | 1:10:04 | 1:13:16 | 1:18:36 | 1:21:16 |
| 4 | Rolf Westerlind | 1:46:49 | 3:38 | 13:39 | 3:48 | 35:09 | 10:36 | 3:14 | 3:12 | 5:20 | 2:40 |
| | Umeåpolisens SoIK | | 11:44 | 55:45 | 59:37 | 1:12:52 | 1:21:46 | 1:28:16 | 1:33:56 | 1:43:00 | 1:46:17 |
| | | | 11:44 | 44:01 | 3:52 | 13:15 | 8:54 | 6:30 | 5:40 | 9:04 | 3:17 |
| H70 (6) | | 3060 m | | | | | | | | | |
| | | | 1(34) | 2(32) | 3(33) | 4(42) | 5(51) | 6(45) | 7(47) | M | |

| | | | | | | | | | | | |
|---|------------------------|-----------|-------|---------|---------|---------|---------|---------|---------|---------|---------|
| 1 | Åke Axelsson | 41:33 | 4:28 | 14:21 | 22:31 | 27:11 | 32:09 | 38:16 | 41:01 | 41:33 | |
| | Göteborgspolisen | | 4:28 | 9:53 | 8:10 | 4:40 | 4:58 | 6:07 | 2:45 | 0:32 | |
| 2 | Sture Nilsson | 46:44 | 4:59 | 20:35 | 27:32 | 32:33 | 37:12 | 43:17 | 46:20 | 46:44 | |
| | Stockholmspolisen | | 4:59 | 15:36 | 6:57 | 5:01 | 4:39 | 6:05 | 3:03 | 0:24 | |
| 3 | Lennart Östanbäck | 51:38 | 13:52 | 25:50 | 32:51 | 37:52 | 41:52 | 48:50 | 51:15 | 51:38 | |
| | Södra Älvsborg | | 13:52 | 11:58 | 7:01 | 5:01 | 4:00 | 6:58 | 2:25 | 0:23 | |
| 4 | Evert Elgefjord | 56:10 | 8:17 | 22:06 | 35:58 | 41:55 | 46:29 | 52:53 | 55:44 | 56:10 | |
| | PoIF Norrköping | | 8:17 | 13:49 | 13:52 | 5:57 | 4:34 | 6:24 | 2:51 | 0:26 | |
| | Thure Jakobsson | ej fullf. | 6:46 | 34:57 | 44:42 | 49:51 | 54:43 | ----- | ----- | | 1:05:20 |
| | Umepolisens SoIK | | 6:46 | 28:11 | 9:45 | 5:09 | 4:52 | | | | *44 |
| | Hans Klein | ej fullf. | ----- | ----- | ----- | ----- | ----- | ----- | ----- | 44:29 | |
| | Fångvårdsmännen Norrtä | | | | | | | | | 44:29 | |
| | H80 | 3060 m | | | | | | | | | |
| 1 | Rune Isaksson | 55:05 | 1(34) | 2(32) | 3(33) | 4(42) | 5(51) | 6(45) | 7(47) | M | |
| | Helsingborgspolisen | | 6:57 | 21:03 | 28:49 | 34:24 | 38:44 | 51:54 | 54:37 | 55:05 | |
| 2 | Åke Nygren | 1:12:27 | 6:57 | 14:06 | 7:46 | 5:35 | 4:20 | 13:10 | 2:43 | 0:28 | |
| | Stockholmspolisen | | 8:46 | 28:46 | 42:17 | 50:36 | 57:26 | 1:06:56 | 1:11:21 | 1:12:27 | |
| 3 | Nils Friman | 2:15:22 | 8:46 | 20:00 | 13:31 | 8:19 | 6:50 | 9:30 | 4:25 | 1:06 | |
| | Brandkårens IK Sthlm | | 17:24 | 1:02:23 | 1:31:38 | 1:42:31 | 1:50:22 | 2:08:34 | 2:14:43 | 2:15:22 | |
| | D40 (5) | 4480 m | 17:24 | 44:59 | 29:15 | 10:53 | 7:51 | 18:12 | 6:09 | 0:39 | |
| | 1 Helén Persson | 37:23 | 1(34) | 2(39) | 3(41) | 4(32) | 5(33) | 6(42) | 7(51) | 8(45) | M |
| | SKL | | | | | | | | | | |
| 2 | Anna Hofvenstam | 44:12 | 3:26 | 13:33 | 15:36 | 21:22 | 25:21 | 28:20 | 31:07 | 35:17 | 37:23 |
| | Norrköping | | 3:26 | 10:07 | 2:03 | 5:46 | 3:59 | 2:59 | 2:47 | 4:10 | 0:17 |
| 3 | Gunilla Larsson | 48:54 | 3:26 | 15:13 | 18:00 | 25:37 | 30:31 | 33:57 | 37:01 | 42:05 | 44:12 |
| | Södra Älvsborg | | 3:26 | 11:47 | 2:47 | 7:37 | 4:54 | 3:26 | 3:04 | 5:04 | 0:18 |
| 4 | Moni Winsnes | 56:13 | 3:46 | 17:59 | 20:31 | 27:44 | 33:09 | 37:22 | 40:56 | 46:39 | 48:54 |
| | Stockholmspolisen | | 3:46 | 14:13 | 2:32 | 7:13 | 5:25 | 4:13 | 3:34 | 5:43 | 0:21 |
| 5 | Margareta Skarp R | 59:37 | 7:13 | 25:09 | 28:08 | 36:04 | 41:24 | 44:47 | 48:19 | 53:58 | 56:13 |
| | SKL | | 7:13 | 17:56 | 2:59 | 7:56 | 5:20 | 3:23 | 3:32 | 5:39 | 0:19 |
| | | | 4:18 | 20:06 | 22:56 | 32:35 | 39:32 | 43:29 | 47:22 | 57:08 | 59:37 |
| | | | 4:18 | 15:48 | 2:50 | 9:39 | 6:57 | 3:57 | 3:53 | 9:46 | 0:22 |

| | | | | | | | | | | | | |
|---|-----------|----------------|----------------|----------------|----------------|----------------|----------------|-----------------|--------------------|-----------------|-----------------|-----------------|
| D50 (1) | 3060 m | 1(34) | 2(32) | 3(33) | 4(42) | 5(51) | 6(45) | 7(47) | M | | | |
| Barbro Andersson J Göteborgspolisen | ej fullf. | 37:46 37:46 | ----- | ----- | ----- | ----- | ----- | ----- | 1:43:03 1:05:17 | | | |
| H35 (brand) (2) | 7070 m | 1(35) | 2(37) | 3(50) | 4(49) | 5(32) | 6(33) | 7(42) | 8(44) | 9(45) | 10(47) | M |
| 1 Thomas Knutsson Rtj Eskilstuna | 53:24 | 4:39 4:39 | 11:24 6:45 | 22:11 10:47 | 24:02 1:51 | 37:38 13:36 | 41:28 3:50 | 44:02 2:34 | 49:00 4:58 | 51:32 2:32 | 53:07 1:35 | 53:24 0:17 |
| 2 Mathias Swartz RTJ Karlstad | 1:14:46 | 6:10 6:10 | 17:24 11:14 | 31:19 13:55 | 33:20 2:01 | 52:09 18:49 | 59:56 7:47 | 1:03:10 3:14 | 1:09:12 6:02 | 1:12:27 3:15 | 1:14:32 2:05 | 1:14:46 0:14 |
| H45 (brand) (4) | 5230 m | 1(34) | 2(41) | 3(40) | 4(33) | 5(42) | 6(44) | 7(45) | 8(47) | M | | |
| 1 Jan Hollbeck Södertörn brand | 34:28 | 2:19 2:19 | 11:22 9:03 | 13:51 2:29 | 22:20 8:29 | 25:20 3:00 | 30:10 4:50 | 32:33 2:23 | 34:13 1:40 | 34:28 0:15 | | |
| 2 Håkan Dahlbäck Brandkårens IK Sthlm | 36:55 | 2:33 2:33 | 11:15 8:42 | 14:00 2:45 | 23:40 9:40 | 26:14 2:34 | 32:42 6:28 | 35:03 2:21 | 36:39 1:36 | 36:55 0:16 | | |
| 3 Leif Andersson Rtj Dala Mitt | 50:05 | 3:39 3:39 | 16:02 12:23 | 19:50 3:48 | 32:31 12:41 | 35:58 3:27 | 42:57 6:59 | 46:30 3:33 | 49:42 3:12 | 50:05 0:23 | | |
| 4 Lennart Cederväm BIK Borås | 51:36 | 3:44 3:44 | 14:25 10:41 | 17:29 3:04 | 29:34 12:05 | 32:51 3:17 | 43:15 10:24 | 49:43 6:28 | 51:21 1:38 | 51:36 0:15 | | |
| H65 (brand) (2) | 3060 m | 1(34) | 2(32) | 3(33) | 4(42) | 5(51) | 6(45) | 7(47) | M | | | |
| 1 Göran Johansson Södertörn brand | 37:32 | 5:19 5:19 | 15:11 9:52 | 20:51 5:40 | 25:04 4:13 | 28:51 3:47 | 34:44 5:53 | 37:11 2:27 | 37:32 0:21 | | | |
| 2 Lasse Andersson Brandkårens IK Sthlm | 54:20 | 5:25 5:25 | 22:58 5:25 | 30:23 17:33 | 36:21 7:25 | 41:06 5:58 | 50:58 4:45 | 53:53 9:52 | 54:20 2:55 | 0:27 | | |
| Öppen 2 | (3) | 4480 m | | | | | | | | | | |
| | | 1(34) | 2(39) | 3(41) | 4(32) | 5(33) | 6(42) | 7(51) | 8(45) | 9(47) | M | |

Medeldistans 2009-08-27 - Polis

| | | | | |
|-----|--------------------------|-----------------------|-----------|-------|
| D21 | 3910 m | | | |
| 1 | Pernilla Nilsson | Polishögskolans IF | 35:35 | 0:00 |
| 2 | Hanna Arnell | Varbergspolisens IF | 37:42 | 2:07 |
| 3 | Cecilia Svensson | Norrköpingspolisen | 39:55 | 4:20 |
| 4 | Lina Berglund | Polishögskolans IF | 48:15 | 12:40 |
| | Josefina Karlsson | Skövdepolisens IF | felst. | |
| | Maria Thelin | Jönköpingspolisens IF | felst. | |
| D40 | 3300 m | | | |
| 1 | Helén Persson | SKL | 32:01 | 0:00 |
| 2 | Anna Hofvenstam | Norrköpingspolisen | 34:10 | 2:09 |
| 3 | Gunilla Larsson | Södra Älvsborg | 34:48 | 2:47 |
| 4 | Moni Winsnes | Stockholmspolisen | 36:31 | 4:30 |
| 5 | Margareta Skarp Runtegen | SKL | 43:00 | 10:59 |
| D50 | 2180 m | | | |
| | Barbro Andersson Jonsson | Göteborgspolisens IF | ej fullf. | |
| H21 | 4450 m | | | |
| 1 | Per Brolund | SKL | 26:44 | 0:00 |
| 2 | Tobias Kjell | Nyköpingspolisen | 30:38 | 3:54 |
| 3 | Anders Ingemarsson | Södra Älvsborg | 30:42 | 3:58 |
| 4 | Fredrik Rosén | Jönköpingspolisens IF | 31:32 | 4:48 |
| 5 | Thomas Josarp | Varbergspolisens IF | 34:09 | 7:25 |
| 6 | Andreas Åkesson | Varbergspolisens IF | 1:05:54 | 39:10 |
| H40 | 3300 m | | | |
| 1 | Mats Ljungqvist | Växjöpolisens IF | 28:35 | 0:00 |
| 2 | Lars Spånberg | Uppsalapolisen | 28:51 | 0:16 |
| 3 | Patrik Tiderman | Stockholmspolisen | 30:08 | 1:33 |
| 4 | Urs Bütikofer | Ljusdalpolisens IF | 30:31 | 1:56 |
| 5 | Claes Berglund | Stockholmspolisen | 30:37 | 2:02 |
| 6 | Staffan Käll | Växjöpolisens IF | 33:51 | 5:16 |
| 7 | Jan Hofvenstam | Norrköpingspolisen | 36:31 | 7:56 |
| 8 | Magnus Ramsin | Skövdepolisens IF | 38:06 | 9:31 |
| 9 | Stefan Aronsson | Sydärkepolisens IK | 39:22 | 10:47 |
| H50 | 3300 m | | | |
| 1 | Per-Ove Wallén | Stockholmspolisen | 25:37 | 0:00 |
| 2 | Jörgen Karlsson | Norrortspolisens IF | 26:32 | 0:55 |
| 3 | Roland Svensson | Skövdepolisens IF | 27:32 | 1:55 |
| 4 | Clas Tärnroth | Södertörnspolisens IF | 31:39 | 6:02 |
| 5 | Bo Salomonsson | Kalmarpolisens IF | 34:01 | 8:24 |
| 6 | Bengt Kärström | Stockholmspolisen | 34:50 | 9:13 |
| 7 | Bengt Jonsson | Göteborgspolisens IF | 34:52 | 9:15 |
| 8 | Eje Dahl | Sydärkepolisens IK | 37:18 | 11:41 |
| 9 | Kaj Abrahamsson | Lidköpingspolisens IF | 44:37 | 19:00 |
| 10 | Kenneth Starckenberg | Stockholmspolisen | 44:58 | 19:21 |
| 11 | Alf Andersson | Skövdepolisens IF | 49:25 | 23:48 |
| 12 | Lars Löfholm | Lidköpingspolisens IF | 58:25 | 32:48 |
| | Ove Allansson | Skövdepolisens IF | Felst. | |

| | | | | |
|-----|-------------------|--------------------------|---------|-------|
| H60 | 2590 m | | | |
| 1 | Göran Johansson | Lidköpingspolisen | 29:54 | 0:00 |
| 2 | Bo Norbäck | Stockholmspolisen | 35:42 | 5:48 |
| 3 | Rolf Westerlind | Umepolisens SoIK | 56:26 | 26:32 |
| H70 | 2180 m | | | |
| 1 | Sture Nilsson | Stockholmspolisen | 28:32 | 0:00 |
| 2 | Åke Axelsson | Göteborgspolisen | 30:18 | 1:46 |
| 3 | Lennart Östanbäck | Södra Älvsborg | 36:29 | 7:57 |
| 4 | Evert Elgefjord | PoIF Norrköping | 48:37 | 20:05 |
| 5 | Thure Jakobsson | Umepolisens SoIK | 51:58 | 23:26 |
| 6 | Hans Klein | Fångårdsmännen Norrtälje | 55:44 | 27:12 |
| H80 | 2070 m | | | |
| 1 | Rune Isaksson | Helsingborgspolisen | 31:23 | 0:00 |
| 2 | Åke Nygren | Stockholmspolisen | 1:12:29 | 41:06 |
| D21 | 3910 m | | | |
| 1 | Kristina Roberto | Uppsala Brandförsvär | 31:35 | 0:00 |
| 2 | Jenny Josefsson | Arvika RTJ | 37:42 | 6:07 |

Medeldistans 2009-08-27 - Brand

| | | | | |
|-----|-------------------|----------------------|-------|-------|
| H21 | 4450 m | | | |
| 1 | Per Eklöf | Nora RTJ | 30:15 | 0:00 |
| 2 | Örjan Jansson | Uppsala Brandförsvär | 46:17 | 16:02 |
| 3 | Joakim Nilsson | BIK Borås | 57:33 | 27:18 |
| H35 | 3300 m | | | |
| 1 | Thomas Knutsson | Rtj Eskilstuna | 25:19 | 0:00 |
| 2 | Mattias Swartz | RTJ Karlstad | 33:15 | 7:56 |
| H40 | 3300 m | | | |
| 1 | Henrik Johnsson | Rtj Eskilstuna | 23:30 | 0:00 |
| H45 | 3300 m | | | |
| 1 | Håkan Dahlbäck | Brandkårens IK Sthlm | 27:18 | 0:00 |
| 2 | Lennart Cedervärn | BIK Borås | 28:36 | 1:18 |
| 3 | Leif Andersson | Rtj Dala Mitt | 37:14 | 9:56 |
| H50 | 3300 m | | | |
| 1 | Lennart Larsson | BIK Borås | 22:33 | 0:00 |
| 2 | Ingemar Skaar | Jönköping Brk | 27:37 | 5:04 |
| 3 | Roy Fransson | Rtj Eskilstuna | 29:35 | 7:02 |
| 4 | Lennart Bjursäter | Södertörn brand | 31:21 | 8:48 |
| 5 | Frej Fernström | Brandkårens IK Sthlm | 32:34 | 10:01 |

| | | | | | |
|-----|-----------------|----------------------|---------|-------|--|
| H60 | 2590 m | | | | |
| 1 | Hans Eriksson | Rtj Norrtälje | 26:01 | 0:00 | |
| H65 | 2180 m | | | | |
| 1 | Göran Johansson | Södertörn brand | 24:05 | 0:00 | |
| 2 | Lasse Andersson | Brandkårens IK Sthlm | 34:17 | 10:12 | |
| H70 | 2180 m | | | | |
| 1 | Bosse Andersson | Brandkårens IK Sthlm | 45:33 | 0:00 | |
| 2 | Leif Staaf | Brandkårens IK Sthlm | 1:35:02 | 49:29 | |
| H80 | 2070 m | | | | |
| 1 | Nils Friman | Brandkårens IK Sthlm | 1:56:17 | 0:00 | |

Medeldistans 2009-08-27 - Öppen

| | | | | | |
|----|----------------|-----------------|-------|------|--|
| Ö2 | 2590 m | | | | |
| 1 | Mikael Aftevik | Varbergspolisen | 29:58 | 0:00 | |

D213910 m

| | 1(32) | 2(33) | 3(37) | 4(34) | 5(36) | 6(41) | 7(40) | 8(43) | 9(44) | 10(45) | 11(47) | 12(48) | 13(49) | 14(50) | 15(51) | 16(100) | M | | | |
|---|-----------------------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|--------|--------|--------|--------|---------|-------|-------|-------|-----|
| 1 | Pemilla Nilsson | 35:35 | 2:18 | 3:44 | 6:33 | 7:31 | 9:25 | 12:59 | 16:30 | 19:06 | 22:05 | 24:16 | 25:51 | 26:55 | 29:11 | 32:14 | 34:15 | 35:11 | 35:35 | |
| | Polishögskolans IF | 2:18 | 1:26 | 2:49 | 0:58 | 1:54 | 3:34 | 3:31 | 2:36 | 2:59 | 2:11 | 1:35 | 1:04 | 3:03 | 2:01 | 0:56 | 0:24 | | | |
| 2 | Hanna Arnell | 37:42 | 2:12 | 3:38 | 6:21 | 7:27 | 10:42 | 14:01 | 17:43 | 20:59 | 24:38 | 26:30 | 28:30 | 30:15 | 32:28 | 34:43 | 35:53 | 37:15 | 37:42 | |
| | Värbergspolisens IF | 2:12 | 1:26 | 2:43 | 1:06 | 3:15 | 3:19 | 3:42 | 3:16 | 3:39 | 2:00 | 1:52 | 2:13 | 2:15 | 1:10 | 1:22 | 0:27 | | | |
| 3 | Cecilia Svensson | 39:55 | 2:50 | 4:44 | 7:59 | 9:15 | 11:14 | 16:09 | 20:02 | 22:50 | 26:41 | 29:28 | 31:32 | 32:56 | 35:02 | 37:28 | 38:36 | 39:33 | 39:55 | |
| | Norrköpingspolisen | 2:50 | 1:54 | 3:15 | 1:16 | 1:59 | 4:55 | 3:53 | 2:48 | 3:51 | 2:47 | 2:04 | 1:24 | 2:26 | 1:08 | 0:57 | 0:22 | | | |
| 4 | Lina Berglund | 48:15 | 4:09 | 6:09 | 9:37 | 10:43 | 13:37 | 20:50 | 27:30 | 30:50 | 34:24 | 36:38 | 38:52 | 40:18 | 43:17 | 45:38 | 46:47 | 47:48 | 48:15 | |
| | Polishögskolans IF | 4:09 | 2:00 | 3:28 | 1:06 | 2:54 | 7:13 | 6:40 | 3:20 | 3:34 | 2:14 | 2:14 | 2:14 | 1:26 | 2:59 | 2:21 | 1:09 | 1:01 | 0:27 | |
| | Ej godk. | 3:25 | 5:16 | 8:31 | 11:22 | ----- | 18:38 | 22:44 | 26:27 | 30:14 | 34:06 | 36:13 | 38:04 | 41:18 | 44:26 | 45:48 | 47:19 | 47:50 | 13:26 | |
| | Skövdepolisens IF | 3:25 | 1:51 | 3:15 | 2:51 | | 7:16 | 4:06 | 3:43 | 3:47 | 3:52 | 2:07 | 1:51 | 3:14 | 3:08 | 1:22 | 1:31 | 0:31 | *35 | |
| | Maria Thelin | 2:52 | 4:31 | 7:31 | 11:20 | 16:09 | ----- | 23:11 | 26:57 | 30:13 | 31:45 | 33:43 | 36:40 | 41:00 | 42:02 | 43:13 | 43:37 | | 19:37 | |
| | Jönköpingspolisens IF | 2:52 | 1:39 | 3:00 | 3:49 | 4:49 | | 7:02 | 3:46 | 3:16 | 1:32 | 1:58 | 2:57 | 2:02 | 2:18 | 1:02 | 1:11 | 0:24 | | *39 |

H21 (6)

| | 1(32) | 2(45) | 3(47) | 4(48) | 5(43) | 6(40) | 7(37) | 8(34) | 9(35) | 10(36) | 11(39) | 12(42) | 13(31) | 14(49) | 15(50) | 16(51) | 17(100) | M | | |
|---|-----------------------|---------|-------|-------|-------|-------|-------|-------|-------|--------|--------|--------|--------|--------|--------|---------|---------|---------|---------|---------|
| 1 | Per Brölund | 26:44 | 1:55 | 3:35 | 4:52 | 5:42 | 8:45 | 10:16 | 13:23 | 14:10 | 15:22 | 15:53 | 17:41 | 20:04 | 21:39 | 23:41 | 25:00 | 26:24 | 26:44 | |
| | SKL | 1:55 | 1:40 | 1:17 | 0:50 | 3:03 | 1:31 | 3:07 | 0:47 | 1:12 | 0:31 | 1:48 | 2:23 | 2:02 | 1:19 | 0:40 | 0:44 | 0:20 | | |
| 2 | Tobias Kjell | 30:38 | 2:17 | 4:16 | 5:26 | 6:33 | 9:52 | 11:44 | 15:33 | 16:31 | 17:53 | 18:31 | 20:38 | 23:12 | 25:00 | 27:12 | 28:45 | 29:30 | 30:15 | 30:38 |
| | Nyköpingspolisen | 2:17 | 1:59 | 1:10 | 1:07 | 3:19 | 1:52 | 3:49 | 0:58 | 1:22 | 0:38 | 2:07 | 2:34 | 1:48 | 2:12 | 1:33 | 0:45 | 0:45 | 0:23 | |
| 3 | Anders Ingemarsson | 30:42 | 2:21 | 4:36 | 5:57 | 6:54 | 10:05 | 11:52 | 15:08 | 16:10 | 17:26 | 17:59 | 19:42 | 22:22 | 24:59 | 27:06 | 28:32 | 29:12 | 30:19 | 30:42 |
| | Södra Älvsborg | 2:21 | 2:15 | 1:21 | 0:57 | 3:11 | 1:47 | 3:16 | 1:02 | 1:16 | 0:33 | 1:43 | 2:40 | 2:37 | 2:07 | 1:26 | 0:40 | 1:07 | 0:23 | |
| 4 | Fredrik Rosén | 31:32 | 2:21 | 4:19 | 5:27 | 6:34 | 10:24 | 12:10 | 15:34 | 16:51 | 18:06 | 18:41 | 20:30 | 23:08 | 25:12 | 27:23 | 29:06 | 29:57 | 31:09 | 31:32 |
| | Jönköpingspolisens IF | 2:21 | 1:58 | 1:08 | 1:07 | 3:50 | 1:46 | 3:24 | 1:17 | 1:15 | 0:35 | 1:49 | 2:38 | 2:04 | 2:11 | 1:43 | 0:51 | 1:12 | 0:23 | |
| 5 | Thomas Josarp | 34:09 | 2:21 | 4:24 | 5:37 | 6:42 | 10:31 | 12:37 | 17:00 | 17:58 | 19:39 | 20:18 | 22:38 | 25:30 | 27:42 | 30:18 | 32:00 | 32:46 | 33:48 | 34:09 |
| | Värbergspolisens IF | 2:21 | 2:03 | 1:13 | 1:05 | 3:49 | 2:06 | 4:23 | 0:58 | 1:41 | 0:39 | 2:20 | 2:52 | 2:12 | 2:36 | 1:42 | 0:46 | 1:02 | 0:21 | |
| 6 | Andreas Åkesson | 1:05:54 | 4:14 | 10:09 | 14:48 | 16:49 | 21:44 | 24:47 | 32:10 | 33:43 | 36:05 | 37:10 | 41:46 | 47:02 | 50:48 | 1:00:33 | 1:03:23 | 1:04:38 | 1:05:27 | 1:05:54 |
| | Värbergspolisens IF | 4:14 | 5:55 | 4:39 | 2:01 | 4:55 | 3:03 | 7:23 | 1:33 | 2:22 | 1:05 | 4:36 | 5:16 | 3:46 | 9:45 | 2:50 | 1:15 | 0:49 | 0:27 | |

D40 (5)

| | 1(31) | 2(37) | 3(35) | 4(39) | 5(40) | 6(43) | 7(45) | 8(47) | 9(48) | 10(49) | 11(50) | 12(51) | 13(100) | M | | | |
|---|-------------------------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|--------|---------|-------|-------|-------|--|
| 1 | Helén Persson | 32:01 | 3:16 | 6:34 | 7:58 | 10:10 | 13:07 | 15:34 | 19:54 | 21:17 | 22:31 | 24:25 | 26:31 | 30:46 | 31:35 | 32:01 | |
| | SKL | 3:16 | 3:18 | 1:24 | 2:12 | 2:57 | 2:27 | 4:20 | 1:23 | 1:14 | 1:54 | 4:15 | 0:49 | 0:26 | | | |
| 2 | Anna Hofvenstam | 34:10 | 4:15 | 7:38 | 9:01 | 12:00 | 15:18 | 18:48 | 23:18 | 25:09 | 27:01 | 29:14 | 31:25 | 32:31 | 33:45 | 34:10 | |
| | Norrköpingspolisen | 4:15 | 3:23 | 1:23 | 2:59 | 3:18 | 3:30 | 4:30 | 1:51 | 1:52 | 2:13 | 2:11 | 1:06 | 1:14 | 0:25 | | |
| 3 | Gumilla Larsson | 34:48 | 3:13 | 6:57 | 8:29 | 11:05 | 14:42 | 17:36 | 23:37 | 25:30 | 27:06 | 29:28 | 31:56 | 32:57 | 34:17 | 34:48 | |
| | Södra Älvsborg | 3:13 | 3:44 | 1:32 | 2:36 | 3:37 | 2:54 | 6:01 | 1:53 | 1:36 | 2:22 | 2:28 | 1:01 | 1:20 | 0:31 | | |
| 4 | Monti Winsnes | 36:31 | 3:47 | 8:05 | 9:42 | 12:34 | 15:50 | 19:55 | 25:13 | 27:13 | 28:34 | 30:53 | 33:41 | 34:51 | 36:02 | 36:31 | |
| | Stockholmspolisen | 3:47 | 4:18 | 1:37 | 2:52 | 3:16 | 4:05 | 5:18 | 2:00 | 1:21 | 2:19 | 2:48 | 1:10 | 1:11 | 0:29 | | |
| 5 | Margareta Skarp Runtteg | 43:00 | 4:24 | 8:18 | 10:13 | 13:14 | 17:27 | 20:58 | 26:30 | 28:48 | 31:30 | 34:32 | 37:19 | 40:54 | 42:26 | 43:00 | |
| | SKL | 4:24 | 3:54 | 1:55 | 3:01 | 4:13 | 3:31 | 5:32 | 2:18 | 2:42 | 3:02 | 3:35 | 1:32 | 3:35 | 1:32 | 0:34 | |

D50 (1)

| | 1(32) | 2(33) | 3(42) | 4(43) | 5(45) | 6(48) | 7(49) | 8(100) | M |
|------------------------|-------|-------|-------|-------|-------|-------|---------|---------|---------|
| Barbro Andersson Jonss | 9:52 | 25:58 | ----- | ----- | ----- | ----- | 1:16:40 | 1:18:51 | 1:19:34 |
| Göteborgspolisens | 9:52 | 16:06 | | | | | 50:42 | 2:11 | 0:43 |

H40 (9) 3300 m

| | 1(31) | 2(37) | 3(35) | 4(39) | 5(40) | 6(43) | 7(45) | 8(47) | 9(48) | 10(49) | 11(50) | 12(51) | 13(100) | M |
|---------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|--------|---------|-------|
| 1 Mats Ljungqvist | 3:08 | 6:38 | 7:52 | 11:02 | 13:50 | 16:04 | 19:57 | 21:19 | 22:35 | 24:29 | 26:10 | 27:02 | 28:13 | 28:35 |
| Växjöpolis | 3:08 | 3:30 | 1:14 | 3:10 | 2:48 | 2:14 | 3:53 | 1:22 | 1:16 | 1:54 | 1:41 | 0:52 | 1:11 | 0:22 |
| 2 Lars Spånberg | 2:59 | 6:16 | 7:50 | 10:06 | 13:01 | 15:49 | 19:55 | 21:26 | 22:44 | 24:40 | 26:31 | 27:28 | 28:27 | 28:51 |
| Uppsalapolsen | 2:59 | 3:17 | 1:34 | 2:16 | 2:55 | 2:48 | 4:06 | 1:31 | 1:18 | 1:56 | 1:51 | 0:57 | 0:59 | 0:24 |
| 3 Patrik Tiderman | 3:51 | 6:57 | 8:29 | 11:03 | 14:31 | 16:55 | 20:51 | 22:15 | 23:46 | 25:57 | 27:53 | 28:43 | 29:44 | 30:08 |
| Stockholmspolis | 3:51 | 3:06 | 1:32 | 2:34 | 3:28 | 2:24 | 3:56 | 1:24 | 1:31 | 2:11 | 1:56 | 0:50 | 1:01 | 0:24 |
| 4 Urs Bütikofer | 2:24 | 5:21 | 6:38 | 9:08 | 11:51 | 14:16 | 17:44 | 20:04 | 21:28 | 24:54 | 26:43 | 29:09 | 30:10 | 30:31 |
| Ljusdalspolis | 2:24 | 2:57 | 1:17 | 2:30 | 2:43 | 2:25 | 3:28 | 2:20 | 1:24 | 3:26 | 1:49 | 2:26 | 1:01 | 0:21 |
| 5 Claes Berglund | 3:18 | 6:59 | 8:08 | 10:11 | 12:48 | 16:29 | 20:27 | 21:45 | 22:50 | 24:31 | 26:20 | 27:23 | 30:14 | 30:37 |
| Stockholmspolis | 3:18 | 3:41 | 1:09 | 2:03 | 2:37 | 3:41 | 3:58 | 1:18 | 1:05 | 1:41 | 1:49 | 1:03 | 2:51 | 0:23 |
| 6 Staffan Käll | 3:25 | 6:36 | 8:10 | 13:38 | 16:53 | 19:42 | 24:03 | 25:33 | 26:56 | 29:03 | 31:14 | 32:23 | 33:25 | 33:51 |
| Växjöpolis | 3:25 | 3:11 | 1:34 | 5:28 | 3:15 | 2:49 | 4:21 | 1:30 | 1:23 | 2:07 | 2:11 | 1:09 | 1:02 | 0:26 |
| 7 Jan Hofvenstam | 4:39 | 7:47 | 9:32 | 12:53 | 16:20 | 20:06 | 24:52 | 26:17 | 28:05 | 30:34 | 32:25 | 33:25 | 36:11 | 36:31 |
| Norrköpingspolis | 4:39 | 3:08 | 1:45 | 3:21 | 3:27 | 3:46 | 4:46 | 1:25 | 1:48 | 2:29 | 1:51 | 1:00 | 2:46 | 0:20 |
| 8 Magnus Ramsin | 3:59 | 10:29 | 11:50 | 14:28 | 17:52 | 20:54 | 26:09 | 28:12 | 29:51 | 32:21 | 34:34 | 36:41 | 37:39 | 38:06 |
| Skövdepolis IF | 3:59 | 6:30 | 1:21 | 2:38 | 3:24 | 3:02 | 5:15 | 2:03 | 1:39 | 2:30 | 2:13 | 2:07 | 0:58 | 0:27 |
| 9 Stefan Aronsson | 5:26 | 8:41 | 10:05 | 18:20 | 21:28 | 25:21 | 29:54 | 31:20 | 32:52 | 34:50 | 36:48 | 37:50 | 38:55 | 39:22 |
| Sydvärkepolisens IK | 5:26 | 3:15 | 1:24 | 8:15 | 3:08 | 3:53 | 4:33 | 1:26 | 1:32 | 1:58 | 1:58 | 1:02 | 1:05 | 0:27 |

H50 (1) 33300 m

| | 1(31) | 2(37) | 3(35) | 4(39) | 5(40) | 6(43) | 7(45) | 8(47) | 9(48) | 10(49) | 11(50) | 12(51) | 13(100) | M |
|------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|--------|---------|-------|
| 1 Per-Ove Wallén | 3:08 | 5:51 | 6:55 | 10:34 | 13:05 | 15:21 | 18:29 | 19:43 | 20:51 | 22:15 | 23:46 | 24:33 | 25:14 | 25:37 |
| Stockholmspolis | 3:08 | 2:43 | 1:04 | 3:39 | 2:31 | 2:16 | 3:08 | 1:14 | 1:08 | 1:24 | 1:31 | 0:47 | 0:41 | 0:23 |
| 2 Jörgen Karlsson | 2:57 | 5:57 | 7:09 | 9:19 | 12:34 | 14:53 | 18:23 | 19:47 | 20:57 | 22:41 | 24:16 | 25:18 | 26:11 | 26:32 |
| Norrortpolisens IF | 2:57 | 3:00 | 1:12 | 2:10 | 3:15 | 2:19 | 3:30 | 1:24 | 1:10 | 1:44 | 1:35 | 1:02 | 0:53 | 0:21 |
| 3 Roland Svensson | 3:13 | 5:56 | 6:59 | 9:15 | 11:51 | 14:40 | 18:45 | 20:10 | 21:29 | 23:33 | 25:28 | 26:26 | 27:15 | 27:32 |
| Skövdepolisens IF | 3:13 | 2:43 | 1:03 | 2:16 | 2:36 | 2:49 | 4:05 | 1:25 | 1:19 | 2:04 | 1:55 | 0:58 | 0:49 | 0:17 |
| 4 Clas Tärnroth | 3:44 | 7:14 | 8:36 | 11:06 | 14:03 | 17:41 | 21:35 | 23:17 | 24:43 | 26:53 | 29:31 | 30:26 | 31:16 | 31:39 |
| Södertörnspolis | 3:44 | 3:30 | 1:22 | 2:30 | 2:57 | 3:38 | 3:54 | 1:42 | 1:26 | 2:10 | 2:38 | 0:55 | 0:50 | 0:23 |
| 5 Bo Salomonsson | 4:05 | 7:59 | 9:14 | 11:45 | 15:04 | 18:27 | 23:01 | 25:36 | 26:52 | 28:56 | 31:23 | 32:45 | 33:36 | 34:01 |
| Kalmarpolis | 4:05 | 3:54 | 1:15 | 2:31 | 3:19 | 3:23 | 4:34 | 2:35 | 1:16 | 2:04 | 2:27 | 1:22 | 0:51 | 0:25 |
| 6 Bengt Kärrström | 3:21 | 6:48 | 8:15 | 11:06 | 14:31 | 17:38 | 22:41 | 24:30 | 25:41 | 28:09 | 31:28 | 32:51 | 34:14 | 34:50 |
| Stockholmspolis | 3:21 | 3:27 | 1:27 | 2:51 | 3:25 | 3:07 | 5:03 | 1:49 | 1:11 | 2:28 | 3:19 | 1:23 | 1:23 | 0:36 |
| 7 Bengt Jonsson | 4:51 | 10:08 | 11:23 | 13:54 | 17:00 | 20:34 | 24:57 | 26:33 | 27:45 | 29:49 | 32:21 | 33:24 | 34:21 | 34:52 |
| Göteborgspolis | 4:51 | 5:17 | 1:15 | 2:31 | 3:06 | 3:34 | 4:23 | 1:36 | 1:12 | 2:04 | 2:32 | 1:03 | 0:57 | 0:31 |
| 8 Eje Dahl | 3:16 | 6:59 | 8:54 | 13:42 | 16:51 | 22:39 | 26:30 | 28:19 | 30:01 | 32:08 | 34:30 | 35:32 | 36:53 | 37:18 |
| Sydvärkepolisens IK | 3:16 | 3:43 | 1:55 | 4:48 | 3:09 | 5:48 | 3:51 | 1:49 | 1:42 | 2:07 | 2:22 | 1:02 | 1:21 | 0:25 |
| Kaj Abrahamsson | 5:01 | 9:22 | 11:09 | 14:39 | 19:04 | 25:25 | 31:10 | 33:25 | 35:49 | 38:50 | 41:26 | 42:58 | 44:13 | 44:37 |
| Lidköpingspolis | 5:01 | 4:21 | 1:47 | 3:30 | 4:25 | 6:21 | 5:45 | 2:15 | 2:24 | 3:01 | 2:36 | 1:32 | 1:15 | 0:24 |
| 10 Kenneth Starkenberg | 4:33 | 8:35 | 10:03 | 13:08 | 22:26 | 26:35 | 32:00 | 34:00 | 35:43 | 38:12 | 40:51 | 42:03 | 44:29 | 44:58 |
| Stockholmspolis | 4:33 | 4:02 | 1:28 | 3:05 | 9:18 | 4:09 | 5:25 | 2:00 | 1:43 | 2:29 | 2:39 | 1:12 | 2:26 | 0:29 |
| 11 Alf Andersson | 5:01 | 9:35 | 11:19 | 14:37 | 18:59 | 27:14 | 32:56 | 37:05 | 39:12 | 42:14 | 45:04 | 47:26 | 48:50 | 49:25 |
| Skövdepolisens IF | 5:01 | 4:34 | 1:44 | 3:18 | 4:22 | 8:15 | 5:42 | 4:09 | 2:07 | 3:02 | 2:50 | 2:22 | 1:24 | 0:35 |
| 12 Lars Löfholm | 7:15 | 13:27 | 15:40 | 28:27 | 32:34 | 36:56 | 42:57 | 45:56 | 47:54 | 51:43 | 55:06 | 56:34 | 57:51 | 58:25 |
| Lidköpingspolis | 7:15 | 6:12 | 2:13 | 12:47 | 4:07 | 4:22 | 6:01 | 2:59 | 1:58 | 3:49 | 3:23 | 1:28 | 1:17 | 0:34 |
| Ove Allansson | 4:03 | 9:09 | 11:08 | 13:15 | 16:46 | 20:04 | ----- | 32:58 | 44:07 | 46:45 | 49:06 | 50:20 | 52:44 | 53:12 |
| Skövdepolisens IF | 4:03 | 5:06 | 1:59 | 2:07 | 3:31 | 3:18 | 12:54 | 11:09 | 2:38 | 2:21 | 1:14 | 2:24 | 0:28 | 0:28 |

| | | |
|----------|---|--|
| H60 (3) | 2590 m | 1(31) 2(37) 3(40) 4(43) 5(44) 6(48) 7(49) 8(100) M |
| 1 | Göran Johansson Lidköpingspolisen | 29:54 3:46 8:10 13:48 17:08 23:20 25:45 28:12 29:23 29:54 3:46 4:24 5:38 3:20 6:12 2:25 2:27 1:11 0:31 |
| 2 | Bo Norrbäck Stockholmspolisen | 35:42 3:36 7:21 16:40 20:36 29:30 31:19 34:04 35:14 35:42 3:36 3:45 9:19 3:56 8:54 1:49 2:45 1:10 0:28 |
| 3 | Rolf Westerlind Umepolisens SoIK | 56:26 6:49 16:52 23:40 28:02 45:57 48:48 54:16 55:48 56:26 6:49 10:03 6:48 4:22 17:55 2:51 5:28 1:32 0:38 |
| H70 (6) | 2180 m | 1(32) 2(33) 3(42) 4(43) 5(45) 6(48) 7(49) 8(100) M |
| 1 | Sture Nilsson Stockholmspolisen | 28:32 3:13 5:23 8:01 13:06 18:12 20:30 26:50 28:01 28:32 3:13 2:10 2:38 5:05 5:06 2:18 6:20 1:11 0:31 |
| 2 | Åke Axelsson Göteborgspolisen | 30:18 3:20 5:16 10:35 15:51 21:21 24:46 27:30 29:45 30:18 3:20 1:56 5:19 5:16 5:30 3:25 2:44 2:15 0:33 |
| 3 | Lennart Östänbäck Södra Älvsborg | 36:29 8:03 10:23 13:28 20:19 26:25 28:39 33:55 35:53 36:29 8:03 2:20 3:05 6:51 6:06 2:14 5:16 1:58 0:36 |
| 4 | Evert Elgefjord PolF Norrköping | 48:37 10:18 12:28 17:18 24:57 39:50 43:14 46:09 48:00 48:37 10:18 2:10 4:50 7:39 14:53 3:24 2:55 1:51 0:37 |
| 5 | Thure Jakobsson Umepolisens SoIK | 51:58 5:28 8:41 22:44 31:27 38:53 43:33 47:03 51:16 51:58 5:28 3:13 14:03 8:43 7:26 4:40 3:30 4:13 0:42 |
| 6 | Hans Klein Fångvårdsmännen Norrtälje | 55:44 4:50 20:54 25:51 34:41 42:47 46:07 49:55 54:40 55:44 4:50 16:04 4:57 8:50 8:06 3:20 3:48 4:45 1:04 |
| H80 (2) | 2070 m | 1(32) 2(33) 3(42) 4(43) 5(44) 6(49) 7(100) M |
| 1 | Rune Isaksson Helsingborgspolisen | 31:23 4:38 7:19 11:15 18:42 23:45 28:20 30:47 31:23 4:38 2:41 3:56 7:27 5:03 4:35 2:27 0:36 |
| 2 | Åke Nygren Stockholmspolisen | 1:12:29 5:21 9:05 19:54 28:50 1:00:10 1:08:29 1:11:14 1:12:29 5:21 3:44 10:49 8:56 31:20 8:19 2:45 1:15 |
| H35 (br) | 3300 m | 1(31) 2(37) 3(35) 4(39) 5(40) 6(43) 7(45) 8(47) 9(48) 10(49) 11(50) 12(51) 13(100) M |
| 1 | Thomas Knutsson Rij Eskilstuna | 25:19 2:56 5:35 6:41 9:05 11:26 13:58 17:21 18:38 19:43 21:26 23:02 23:55 24:54 25:19 2:56 2:39 1:06 2:24 2:21 2:32 3:23 1:17 1:05 1:43 1:36 0:53 0:59 0:25 |
| 2 | Mattias Swartz RTJ Karlstad | 33:15 5:03 8:58 10:10 12:38 15:36 18:02 21:49 23:54 25:24 29:09 31:01 31:48 32:57 33:15 5:03 3:55 1:12 2:28 2:58 2:26 3:47 2:05 1:30 3:45 1:52 0:47 1:09 0:18 |
| H45 (br) | 3300 m | 1(31) 2(37) 3(35) 4(39) 5(40) 6(43) 7(45) 8(47) 9(48) 10(49) 11(50) 12(51) 13(100) M |
| 1 | Håkan Dahlbäck Brandkårens IK Sthlm | 27:18 3:15 6:00 7:02 9:52 12:20 15:01 18:32 20:09 21:26 23:14 24:55 25:45 26:56 27:18 3:15 2:45 1:02 2:50 2:28 2:41 3:31 1:37 1:17 1:48 1:41 0:50 1:11 0:22 |
| 2 | Lennart Cedervärn BIK Borås | 28:36 3:16 7:00 8:43 13:52 16:03 18:39 21:39 22:48 23:55 25:23 26:52 27:39 28:18 28:36 3:16 3:44 1:43 5:09 2:11 2:36 3:00 1:09 1:07 1:28 1:29 0:47 0:39 0:18 |
| 3 | Leif Andersson Rij Dala Mitt | 37:14 3:23 7:31 9:47 12:20 16:01 19:56 25:11 27:15 28:58 31:21 34:12 35:24 36:37 37:14 3:23 4:08 2:16 2:33 3:41 3:55 5:15 2:04 1:43 2:23 2:51 1:12 1:13 0:37 |

| | | | | | | | | | | | | | | | | | | |
|--|---------|-------|-------|-------|---------|---------|---------|---------|---------|---------|--------|--------|--------|--------|--------|--------|---------|-------|
| H70 (br) | 2180 m | 1(32) | 2(33) | 3(42) | 4(43) | 5(45) | 6(48) | 7(49) | 8(100) | M | | | | | | | | |
| 1 Bosse Andersson Brandkårens IK Sthlm | 45:33 | 5:53 | 8:36 | 13:42 | 21:37 | 36:46 | 39:54 | 43:05 | 44:57 | 45:33 | | | | | | | | |
| 2 Leif Staaf Brandkårens IK Sthlm | 1:35:02 | 5:53 | 2:43 | 5:06 | 7:55 | 15:09 | 3:08 | 3:11 | 1:52 | 0:36 | | | | | | | | |
| | | 9:18 | 14:37 | 25:09 | 47:19 | 1:06:33 | 1:19:02 | 1:28:10 | 1:33:45 | 1:35:02 | | | | | | | | |
| | | 9:18 | 5:19 | 10:32 | 22:10 | 19:14 | 12:29 | 9:08 | 5:35 | 1:17 | | | | | | | | |
| H80 (br) | 2070 m | 1(32) | 2(33) | 3(42) | 4(43) | 5(44) | 6(49) | 7(100) | M | | | | | | | | | |
| 1 Nils Friman Brandkårens IK Sthlm | 1:56:17 | 14:43 | 34:35 | 47:30 | 1:07:06 | 1:40:11 | 1:51:52 | 1:54:53 | 1:56:17 | | | | | | | | | |
| | | 14:43 | 19:52 | 12:55 | 19:36 | 33:05 | 11:41 | 3:01 | 1:24 | | | | | | | | | |
| D21 (br) | 3910 m | 1(32) | 2(33) | 3(37) | 4(34) | 5(36) | 6(41) | 7(40) | 8(43) | 9(44) | 10(45) | 11(47) | 12(48) | 13(49) | 14(50) | 15(51) | 16(100) | M |
| 1 Kristina Roberto Uppsala Brandförsvär | 31:35 | 2:25 | 3:55 | 6:25 | 7:23 | 9:04 | 12:41 | 16:00 | 18:13 | 21:26 | 23:01 | 24:22 | 25:38 | 27:21 | 29:24 | 30:12 | 31:14 | 31:35 |
| 2 Jenny Josefsson Arvika RTJ | 37:42 | 2:25 | 1:30 | 2:30 | 0:58 | 1:41 | 3:37 | 3:19 | 2:13 | 3:13 | 1:35 | 1:21 | 1:16 | 1:43 | 2:03 | 0:48 | 1:02 | 0:21 |
| | | 2:48 | 5:34 | 8:23 | 9:20 | 11:15 | 16:17 | 19:49 | 22:46 | 25:58 | 27:45 | 29:22 | 30:34 | 32:50 | 34:55 | 36:25 | 37:18 | 37:42 |
| | | 2:48 | 2:46 | 2:49 | 0:57 | 1:55 | 5:02 | 3:32 | 2:57 | 3:12 | 1:47 | 1:37 | 1:12 | 2:16 | 2:05 | 1:30 | 0:53 | 0:24 |